

# Dr. Jordan Tourtelot Perzik

Ventura, CA

## **EDUCATION**

### **2020      *Pacifica Graduate Institute***

Santa Barbara, California

*Clinical Psychology, Ph.D.*

- WASC Accredited Program
- Class President

### **2009      *Antioch University Los Angeles***

Los Angeles, California

*Clinical Psychology, M.A.*

### **2001      *Boston University***

Boston, Massachusetts

*Film and Television, B.S.*

## **CLINICAL EXPERIENCE**

### **2018 - 2020      *New Beginnings Counseling Center, Clinical Internship***

Santa Barbara, California

Supervisors: Paul Guido, Ph.D., Crystal Ramirez, Ph.D., Kristine Schwarz, MFT.

- Provided psychotherapy to individuals, couples, and families. Clinicsetting provided low-barrier treatment options to vulnerable community members using integrative model of treatment including Psychodynamic, Cognitive-Behavioral frameworks, and family therapy.
- Provided psychotherapy to clients being served in the agency's veteran's programs, homelessness programs, and the parenting program.

### **2013-2014      *Cedars-Sinai Medical Center, Clinical Practicum***

Los Angeles, California

Supervisors: Rebecca Hedrick, M.D., Enrique Lopez, Psy.D., Cristina Yamakawa, Psy.D.

- Conducted psychotherapy in the hospital as psychological clinical liaison to Department of Psychiatry. Rotations included: pain management team, transplant unit and ER triage.
- Pain management: Collaborated with psychiatrists, pain management specialists and patients to create individual programs of pain reduction balancing the use of opiate medication, alternative medicine and mindfulness approaches.

- Transplant unit: Collaborated with psychiatrists, transplant team and patients addressing home health requirements, medication adherence and new life expectations.
- ER triage: Collaborated with psychiatrists, ER medical team and patient families addressing the issues of death and dying, capacity and conservatorship, and transition to other facilities.
- Attended weekly Grand Rounds lectures on topics including: functional neuroanatomy, neuropathology, clinical neurology, clinical neuropsychological assessment, neuropsychology of HIV/AIDS and multicultural neuropsychology.
- Received didactic training on topics including: basic neurosciences, applied behavior analysis, and differential diagnosis and treatment. Received weekly individual and group supervision on an integrative model of psychotherapy with focus on Psychodynamic, Family Systems and Cognitive-Behavioral frameworks.

**2012 - 2013    Cedars-Sinai Medical Center, Diagnostic Practicum**

Los Angeles, California

Supervisors: Enrique Lopez, Psy.D., Kimberly Smith, Psy.D.

- Conducted neuropsychological evaluations with a broad range of adult and geriatric patients. Received specialized training and experience conducting advanced psycho-diagnostic assessment in complex neuropsychiatric syndromes including, but not limited to: Asperger's Disorder, ADHD, Mental Retardation, Alzheimer's Disease, Dementia, Stroke, Traumatic Brain Injury, MUPS and HIV/AIDS.
- Performed psychodiagnostic batteries including tests of cognitive, personality, perceptual and academic functioning for children with learning disabilities, emotional difficulties and autism spectrum disorders. Provided feedback to children, families and other professionals through written reports and verbal feedback.
- Trained pre-doctoral students on administration, scoring and interpretation of neuropsychological assessments. Additionally, trained students in the use of normative data, report writing, provision of feedback and other clinical duties.
- Conducted neuropsychological testing for the Cedars-Sinai Department of Neurology Study investigating brain changes in Multiple Sclerosis and underlying causes and potential treatments of MS-related depression. Principal Investigator: Nancy Sicotte, MD.
- Participated in the Cedars-Sinai HIV and Aging research program. Administered research batteries specific to HIV/AIDS and aging.
- Received weekly individual and group supervision on conducting diagnostic interviews and formulating differential diagnoses.

**2011-2015**

**Private Practice**

**MFT Intern**

Burbank, California

Supervisor: Michael E. Main, MFT

- Provided long-term individual psychotherapy to an economically disadvantaged multi-ethnic adult population with severe mental disorders.
- Provided focused treatment planning for adult and pediatric patients including recommendations for rehabilitation, strategies for coping with neurocognitive issues and referrals for services.
- Weekly supervision sessions centered on identifying defenses and transference dynamics to discover unconscious conflicts triggering psychological symptoms.

**2009 - 2010 Kentwood Elementary School**

**MFT Trainee**

Los Angeles, California

Supervisor: Jana Schrock, Ph.D.

- Completed academic year as school counselor at Antioch University Los Angeles Counseling Center's School-Based Program providing individual therapy with clients between the ages of six and eleven from culturally and diagnostically diverse populations.
- Served students with specific learning disabilities, autism spectrum disorders and accompanying social-emotional needs with family therapy, case management, crisis intervention and team consultation as needed.
- Instituted interventions based on Object Relations and Cognitive-Behavioral frameworks focusing on social skill development, helping clients listen to, respect and appropriately interact with peers while functioning in a school setting.
- Collaborated with teachers, administrators and school psychologists in formulating and implementing Individual Educational Plans (IEP) for student clients.
- Received weekly group supervision and attended weekly staff meetings and training seminars on topics relevant to child psychology.

**2008 - 2010 Los Angeles LGBT Center**

**MFT Trainee**

Los Angeles, California

Supervisors: Michael Main, MFT, Sharon Nesselle, MFT

*Los Angeles LGBT Center, a Mental Health Services agency in Hollywood, is an adult outpatient program that assists clients to overcome mental health barriers associated with internalized heterosexism and other mental health issues.*

- Provided short-term and long-term therapy with adults concentrating on employment problems, substance abuse, anger management and legal issues. Provided short-term couples therapy addressing domestic violence and relational issues.
- Developed individualized treatment plans and interventions for culturally and diagnostically diverse clients and completed necessary documentation to ensure adherence to ethical and legal requirements.
- Conducted intakes with walk-in clients connecting them to community resources and/or services within the clinic. Completed Department of Mental Health paperwork, including progress notes, care coordination plans and LAGLC reports.

- Received weekly individual and group supervision exploring topics related to Gay Affirmative Psychotherapy, LGBT Parenting and degrees of coming out.

## **PUBLICATIONS & PRESENTATIONS**

**Perzik, J. (2018) *The impact of light pollution on the human psyche and health* (Publication No. #) [Doctoral dissertation, Pacifica Graduate Institute]. ProQuest Dissertations and Theses Global.**

**Acosta, J., Smith, K., Perzik, J., Muñoz, Y., and Lopez, E., *Depression, anxiety and perceived cognitive impairment among Spanish-speakers infected with HIV: The impact of emotional state.***

Presented at poster session for American Psychological Association 121<sup>st</sup> Annual Convention, 2013 – Honolulu, Hawaii.

**Cleary, L., Hoffmeyer, E., Perzik, J., and Yakushko, O., *Supervising trainees treating addiction: Interpretive phenomenological study.***

Presented at poster session for American Psychological Association 121<sup>st</sup> Annual Convention, 2013 – Honolulu, Hawaii.

**Department of Psychiatry and Behavioral Neurosciences Grand Rounds Presentation  
Neurobehavioral Interventions for Medication Adherence: A Research Proposal and Case Example.**

November, 2013, Enrique Lopez, Brant Anderson, and Jordan Perzik.

### **Antioch University Online Continuing Education Presentation**

Interviewed on panels filmed at the New Center for Psychoanalysis and offered as online continuing education courses to mental health professionals:

HIV and Cross Cultural Issues  
HIV and LGBTQ-Phobia  
HIV and Newly Diagnosed Patients  
HIV Treatment Adherence

## **CONFERENCES, LECTURES AND TRAININGS**

**American Psychological Association 121<sup>st</sup> Annual Convention, 2013 – Honolulu, Hawaii**

**HIV-Associated Neurocognitive Disorder in the Era of Effective Antiretroviral Therapy, 2012 – Los Angeles, California**

Veteran's Administration Greater Los Angeles Healthcare System: Department of Psychiatry Grand Rounds; featuring Dr. Karl Goodkin, MD, Ph.D.

**Improving Immigrant Student Success: An AB-540 Training Project, 2012 – California State University, Long Beach, California**

Completed training and awarded the designation to work with AB-540 students and other undocumented individuals.

**Human Research Curriculum: Collaborative Institutional Training Initiative, 2012 – Cedars-Sinai Medical Center, Los Angeles, California**

Completed training offered to Biomedical Investigators and Key Personnel.

**IACUC Curriculum: Collaborative Institutional Training Initiative, 2012 – Cedars-Sinai Medical Center, Los Angeles, California**

Completed training in Laboratory Animal Welfare offered to Investigators, Staff and Students.

**25<sup>th</sup> and 26<sup>th</sup> Annual Samuel L. Perzik, MD Memorial Lectureship in Surgical Oncology, Surgery Grand Rounds, 2013, 2014 – Cedars-Sinai Continuing Medical Education, Los Angeles, California**

Sponsored Continuing Medical Education presentations for physicians and other health care professionals.

**PROFESSIONAL AWARDS**

**Cedars-Sinai Medical Center “Silver Award” – 2012**

Awarded for innovative test construction in the advancement of clinical research in Neuropsychology

**PROFESSIONAL AFFILIATIONS**

**2012 American Psychological Association (APA)**

**2012 California Psychological Association (CPA)**

**2012 California Association of Marriage and Family Therapists (CAMFT)**